This week, ask the Holy Spirit, who is God, to make you more and more like Jesus. And make good decisions, that work *with* Him, as He makes you more and more like one of God's kids.

REVIEW

1 Timothy 4:12 – "Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity."

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NEW TESTAMENT BOOKS OF THE BIBLE

<u>Review</u> <u>New</u>

Galatians 1 Thessalonians (thess-uh-loh-nee-unz)

Ephesians 2 Thessalonians

Philippians 1 Timothy Colossians 2 Timothy

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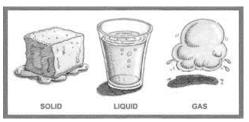
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THE HOLY SPIRIT



God is not just one person. He is three! God the Father, God the Son (Jesus), and God the Holy Spirit. All three are God. Three persons, but one God. We call this "the Trinity" ("tri" means "3"). It's a bit hard to understand, even for grown-ups.



A helpful way of explaining it is to think of water, which can be in three different forms:
(1) a liquid, called water
(2) a solid, called ice and

(3) a gas, called steam. All three are water, but all three are a bit different from one another. When we think and talk about God, we often think about God the Father or God the Son. In this worksheet, let's learn about God the Spirit, the Holy Spirit.

The Holy Spirit has always existed. And, for thousands of years, He was active in our world in many ways. But, for the past two thousand years or so, He has been active in our world in a bit of a different way than He used to be:

He lets people know that they are sinners, in need of a Saviour. In John 16:8, Jesus says that the Holy Spirit "will convict the world of its sin, and of God's righteousness, and of the coming judgment." To be convicted means that we realize we have sinned, and we feel bad or guilty about it, and we want to be free of that guilt.

Then, when we ask God to forgive us, and we put our trust in Him to save us, the Holy Spirit comes into our life, making us a new person. Isn't that amazing!

MEMORIZE

Titus 3:5 – "He (God) saved us, not because of the righteous things we had done, but because of His mercy. He washed away our sins, giving us a new birth and new life through the Holy Spirit."

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One time, Jesus was having a conversation with a man named Nicodemus (nik-oh-deem-us). Seeing Nicodemus' need for forgiveness and a new life, He told him, "I tell you the truth, unless you are (fill in the blanks) ______, you cannot see the Kingdom of God" (John 3:3). Nicodemus was confused. What did "born again" mean? Jesus meant that you need to ask God to forgive you of your sins, put your trust in



Him for your salvation, and choose to live for Him. And when you do that, the Holy Spirit comes into your life, and makes you a new person, without sin. Think of a brand new bike. No scratches. No dirt. Clean and shiny. That's what the Holy Spirit does to us. He makes us new people!

Now, you might be thinking, "But I'm I don't feel like a new person. I don't always act like a new person. I sometimes sin." All of us think those same thoughts. We are God's children, but we don't always act like God's children. First of all, when we sin, it doesn't mean we're no longer His kids. Nothing can change the fact that we belong to God. But, when we put our trust in God, we should have a desire to act more and more like His kids are supposed to act. On our own, this is impossible. But, with the Holy Spirit, all things are possible!



The Holy Spirit helps us to become more and more like one of God's kids. He helps us to become more and more like Jesus.

MEMORIZE

2 Corinthians 3:18 – "And the Lord – who is the Spirit – makes us more and more like Him as we are changed into His glorious image."

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and more like God's

Though the Holy Spirit makes us more and more like God's kids, like Jesus, we need to work with Him to make this happen. Think about playing a sport like hockey, dance, basketball, gymnastics, or soccer. We only get better at those sports by practicing. Being a Christian is not that different. We become more

and more like Jesus as we put in the effort.

Have you ever heard of a fob? It's kind of like a key, allowing you to get into a room, a house, or a car. Here are three things that spell "**FOB**," that are keys to us becoming more like Jesus:

Faith: You can't become more and more like Jesus unless you put your trust in Him to save you from your sins, and to make you like Him. Trust Him today, and every day!

Obey: Whatever God tells you to do, whether it's in the Bible, or through hearing Him speak to you, do it. When we obey God, we become more and more like Jesus.

Bible: The Bible is God's message of truth, of love, of hope, of salvation to us. Read it every day, and listen to Him speak to you through it. It's His words for you!